

July 10th, 2020

Hello lovely volunteers!

Here is our Friday update – we continue to work on your behalf to mobilise your generous offers to those who need them.

Relevant Updates:

- The NHS have specifically asked us to support their previously shielded staff members who are returning to work after prolonged lockdown. This is a complex offer that highlights the value of independent support. I've written an article for the NHSE blog relating to our offer - which I will share with you once it is live.
- We are ebbing nearer to launching our video training package for all volunteers. This will include extensive training on our approach, diversity awareness and answering many of the questions we have had around risk, best practice and using the booking system.
- Our supervision booking system is near complete. We will be contacting supervisors shortly and offering some guidance before opening this up to all volunteers. We will let you all know when it is live and how to use it. This will be simple and contained within the existing booking system calendar.
- Our care home pilot launches next week, so look out for care home staff booking in for support.
- Project5 is currently being supported by a CASS business school, via an MBA candidate with many years of NHS commissioning experience, Geraldine Hoban. She is supporting the design of the service into a sustainable model, more on this as it comes.

Volunteer requests:

- We are desperately short of communications expertise in our volunteer team. If you / anyone you know is interested in supporting this, please send them to our volunteer page - <https://www.project5.org/p5teamapply>
- We will be putting out more comms (stories, articles and social media posts) in partnership with the NHS and our charity partner. Please follow our 'Weareproject5' social media accounts and share these posts to raise awareness in the NHS.
- Please do promote the www.project5.org feedback pages to any staff you support.

Star Volunteer of the Week

[Dr Paul Tibbles](#) – Paul is a founding member of Project5. He claims to be retired and on light duties, despite leading the clinical guidance and governance arms of Project5 and being a familiar face to almost every meeting. Paul is humble, considered and undoubtedly wise. Always smiling, always encouraging and treasured by the whole team. Thanks Paul, you are an inspiration to us all.

CEO Perspective

There seems to be a gap between the experience of NHS staff and the engagement with wellbeing offers. We are exploring ways to bridge this gap, which is also a pain point for the NHS. We are meeting teams and clinicians with expressed fatigue and low mood, who are not seeking help. Our technology aspirations will seek to address this, as will our pilot projects – which are also exploring how different comms / engagement work impacts on the ability to access help. We see teams at the edge of their capability and expect a surge in need – which we aim to meet with an awareness of our offer.

Appreciatively, Craig & the Project5 Team.