

June 26th, 2020

Thank-you for your continued support! We opened up to [CLIC Sargent](#) this week, lots of positive responses including:

'While not comparing myself to an emergency service - we are not - I cannot imagine a paramedic resuscitating someone on their kitchen floor, then standing up, straightening the living room cushions and starting the tea! [Providing this service]... it shows a care and concern for staff that will help all of us to feel that what we are doing is seen and understood.'

These are just a few bullet points about the work that we have been doing this week:

- 1) We are partnering with [BRIEF](#) who are world leaders in solution focused practice. They are developing, with us, video training to support project5. We will be asking you next week, via a survey, to evaluate our training and to provide specific questions about the training for the BRIEF team.
- 2) We have a range of [feedback forms](#), increasing weekly, on our site. Please visit and provide feedback yourself and prompt NHS staff to provide feedback also.
- 3) Our Clinical Governance Committee have developed our diversity and inclusion position, we are working hard to develop methods for addressing discrimination and digital inclusion as a priority of our services going forwards. We hope to make this co-produced with a range of stakeholders. More on this later.
- 4) Our supervision software feature is complete and should launch this week. Those who are onboarded on the system, please look out for the 'book supervision' button. This will only appear for those who have had a booking with NHS Staff. Those of you who are supervisors will be informed of the change and how this affects you (some of your slots may be taken by other volunteers).
- 5) We have 250+ volunteers who were invited to onboard who did not – please check your spam folder for an email from 'no-reply@project5.org'. We will contact you re-issue invites next week, midweek.
- 6) Our extended volunteer request (for members of the core delivery team to be added) is live, please check it out if interested. <https://www.project5.org/p5teamapply>.

Star Volunteer of the Week

Dr Cordet Smart – Cordet has been with Project5 since day 1 and works 20+ hours a week as a volunteer, on top of her full-time day job! She leads and has built up the admin team and research team, including developing all delivery models, supervising the teams and producing reporting structures etc. She is always smiling and positive, committed to the aspirations of Project5 and a shining beacon to the teams. Thanks Cordet!

CEO's thoughts – When will Project5 be used?

We are well aware that our supply far outstrips demand, this is common for many of you we realise. Many of you have not had bookings yet. A few points on this.

1. In a conversation with the NHS this week, I was told that evidence suggests that staff don't access services up to 2-7 years after crisis incident. I challenged that view, as our service is not a crisis service – we are offering to support staff to connect to work, achieve balance and resilience – an ongoing need for the role, independent of crisis. This has spurred new meetings with the NHS Comms team to get behind this message. Updates soon.
2. We are meeting NHS teams regularly, and leaders. I am hearing about tiredness, fatigue, anxiety and low mood – but no-one talks about getting help, from anywhere! Raising awareness of help that supports wellbeing at work, now, is essential – please support us in communicating Project5 via social media etc.

To create a movement, we need to get the ball rolling – **we are all in this part together** 😊

We remain convinced that the need is going to emerge, and we are piloting the impact of our service offer into sectors calling for support now (charity and community care).[

Take care, Craig & the Project5 Team